



HAC Code of Conduct for Swimmers

As a member of our club, we understand you have the right to:

- Enjoy the time you spend with us and know that you are safe.
- Be told who you can talk to if something's not right.
- Be listened to.
- Be involved and contribute towards decisions within the club or activity.
- Be respected and be treated fairly.
- Feel welcomed, valued and not judged based on your race, gender, sexuality, faith or ability.
- Be encouraged and develop your swimming, para-swimming, and open water swimming skills with our help and support.
- Be looked after if there's an accident or injury and have your parents/guardians or emergency contact informed, where appropriate.

As a member of our club we expect you to:

Training and Competitions

- Keep yourself safe by listening to your coach, behave responsibly and speak out when something isn't right.
- Take care of our equipment and premises as if they were your own.
- Make it to training and competitions on time (and if you're running late for a competition let the team manager or your coach know).
- Make your coach aware if you have any difficulties attending training or competitions.
- Not wander off, or leave training or a competition without telling your coach, teacher or team manager.
- Bring the right kit to training and competitions.
- Follow the rules of the club, squad or activity at all times.
- Respect the privacy of others especially in the changing rooms and/or poolside.

Respecting Yourself and Others

- Make our club a fun, happy, friendly and welcoming place to be.
- Respect and celebrate differences in our club or activity and not discriminate against anyone else on the grounds of age, gender, race, sexual orientation, faith or ability.

- Understand that the use of abusive or inappropriate language, bullying, physical violence or any other behaviour which hurts others will not be tolerated.
- Not use any device to take photographs or footage of others in the changing rooms or cubicles.
- Report any concerns you have about others taking photographs or footage of others in the changing rooms or cubicles or poolside.
- Understand that poor behaviour may result in the club taking disciplinary action against you. Any behaviour which may be a criminal offence will be reported to police by the club.
- Report any incidents of bullying or unkind behaviour to the club's welfare officer, even if you're just a witness. welfare@hackneyaquaticsclub.org
- Treat other children with respect and appreciate that everyone has a different level of skill or talent.
- Behave politely and courteously to your fellow swimmers and coaches. If you have an issue you'd like to discuss, please do so respectfully and calmly after the session or discuss it with your squad representative or the welfare officer.
- Support and encourage your teammates, tell them when they've done well and be there for them when they are struggling.
- Respect the children and adults competing for other teams at competitions.
- Respect the committee members, coaching and teaching team and all volunteer helpers at the club.
- Get involved in club decisions, it's your sport too.

Breaches of this Code of Conduct may result in disciplinary action being taken against you by the club committee and the Director of Swimming.

Signature of the swimmer:

Signature of parent/carer as appropriate:

Print name;

Print name;

Date:

Date: