

	Wk End	Wk	Important Date/Socials	Competitions	Level/cours	Location/Details	Lead coach (assisting)	Performance squads	Competitive squads	Masters	Para
Sept	3	0	Start of Training								
	10	1		HAC Season Starter (9th and 10th)	3SC	Clissold	Tony	Yes	Yes	Yes	Yes
	17	2									
	24	3	AGM?								
Oct	1	4									
	8	5		7-8 NUEL Early County Qualifier	3SC	LAC	Tony	Yes (if not Arena)	Yes		Yes
	15	6		8th County Team Championships	2SC	TBC		Yes			
	22	7	Half Term / Skill Clinic	14/15 Arena League 1	2SC	TBC	David & Tony	Yes			
	29	8		C&W Millfield meet	2SC	Millfield	David	Yes		Yes	
Nov	5	9		28-29 Masters National Championships	2SC	Sheffield				Yes	
	12	10		4-5 London Regional Winter Champs SC	2SC	TBC	David & Tony	Yes - if QTs met			
	19	11		11/12 Arena League 2	2SC	TBC	David & Tony				
	26	12		British Down Syndrome Championships	3LC	Crawley	Tony				Where relevant
				19/20 Guildford? (to target Winter Nationals)	2SC	Guildford	David	Yes			
Dec	3	13		25th C&W meet	4SC	London	Tony (Madison, Dhaval)	Yes	Yes		
	10	14		Joint club champs HAC & ASC	3SC	Clissold	All	Yes	Yes	Yes	Yes
	17	15		2-3 NUEL	3SC	LAC	Tony (Madison, Dhaval)	Yes (except NP)	Yes		
	24	16	18 - Club Winter Party	9/10 Arena League 3 - Final	2SC	LAC	David & Tony	Yes			
	31	17	Xmas Reduced Timetable	14-17 Winter Nationals	2SC	Sheffield	David	Yes - if QTs met			
				16-17 Winchester Winter Sparkler (for non-quals)	3LC	Winchester	Tony	Yes - if no QTs			

Key: Target meets (qualifying times) Team selection events

Jan	7	18									
	14	19		Gators meet? City of Derby?	3LC	LAC?/Sheffield?	Tony/David		Yes		
	21	20									
	28	21		27-28 - Counties	1LC	LAC	David/Tony	Yes - if QTs met	Yes - if QTs met	Yes - if QTs met	
Feb	4	22		3-4 Counties	1LC	Hillingdon	David/Tony	Yes - if QTs met	Yes - if QTs met	Yes - if QTs met	
	11	23									
	18	24	Half Term / Skill Clinic								
	25	25									
Mar	3	26		Ealing/Harrow?	3SC	Ealing/harrow?	Tony		Yes		
	10	27		ESSA?	1LC	Sheffield		Yes, if selected			
	17	28		Wycombe/CW national qualifier?	1LC	Wycombe/Millfield	David	Yes			
	24	29		HAC Regional Qualifier?	3SC	Clissold	Tony		Yes		
	31	30	Easter Sunday	British Championships 2-7th	1LC	LAC?	David	Yes - if QTs met			
April	7	31	RP Malorca Camp TBC	? NUEL Level 1?	1LC	LAC		Yes in not at champs	Yes	Yes	Yes
	14	32	Deadline for regionals?								
	21	33									
	28	34		London Region Age Championships?	1LC	K2?					
May	5	35		? M11 League	NA	TBC					
	12	36		London Region Youth & Age Championships OR S	1LC	LAC					
	19	37	National window closes?	? Cardiff last chance? ?Basildon SC?	1LC	Cardiff/Basildon					
	26	38		? M11 League							
June	2	39	Half Term / Skill Clinic	2? Len Badcock	3SC	Enfield					
	9	40		? British Masters Nationals	1LC	Sheffield					
	16	41									
	23	42		? M11 League		TBC					
	30	43		29-30? HAC Open	3SC	Clissold					
July	7	44		7? London Youth Games		Crystal Palace					
	14	45		8? London Open water?							
	21	46	Paris Olympics	?Nuel end of season?	3SC	LAC					
	28	47	Paris Olympics	British Summer Champs 20-26/7	1LC	Sheffield					
August	4	48		? Swim England Summer Champs	1LC	Sheffield					
	11	49		? Welsh Summer Champs/Winchester?	1LC	Swansea					
	18	50									
	25	51									

Key: Open/priority Target meets Team selection events