

HACKNEY AQUATICS CLUB

Conditions and schedule

Hackney Aquatics 2025 Regional Qualifier

License Level 3 (license number TBC)

(Under Swim England Laws & Technical Rules)



Venue: Clissold Leisure Centre, 63 Clissold Road, London N16 9EX

SATURDAY 1st & SUNDAY 2nd MARCH 2025

Warm up starts at 8:00 both days, racing starts at 9:00, afternoon sessions TBC.

Timings are approximate and are subject to change

Hackney Aquatics Club warmly invites you and your swimmers to our 2025 Regional Qualifier meet. Our programme is constructed to provide swimmers the chance to record times for the regional summer championships. It will be a celebratory event with spot prizes for randomly chosen heats, the chance to win top girl or top open/boy as well as the top visiting club.

Closing date for entries 14th February 2025 at Midnight

1. Entry open to swimmers who are “Club Compete” (formerly category 2) members of Swim England or equivalent status for members of Scottish Swimming or Nofio Cymru (Swim Wales). Swimmers with possession of a Swim England Certificate of Swimming Disability or whose Swim England membership record details of a disability sport class or hold a British Blind Sport classification are welcome to enter the competition.
2. The Competition is a Level 3 Licensed Meet.
3. Age will be as of midnight on 31st December 2025. Age categories for this competition are 10, 11, 12, 13, 14, 15, 16 and 17+.
4. The competition will be run under Swim England Laws & Technical Rules and these promoter’s conditions.
5. In line with Swim England’s Transgender and Non-Binary Competition Policy we will have female and open/male category races. The female category is for birth sex females in accordance with Swim England’s Transgender and Non-Binary Competition Policy. By entering the ‘Female’ category, a swimmer confirms that their birth sex is female.
6. The pool length at Clissold Leisure Centre is 25m. The pool has 8 lanes with anti-turbulence lane ropes and timing pads. The pool depth at the shallow and deep ends is 2.0m.
7. The events will be all strokes 50, 100 and 200, plus 400, 800 & 1500 Free, 200 IM and 400 IM, all to be swum on a heat declared winner basis. Over the top/side-by-side starts may be used at the discretion of the referee. 800 & 1500m Free are to be swum as Mixed Events, limited to 24 Swimmers in the 1500m Free & 40 Swimmers in the 800m Free.
8. The event will be open to all clubs on a first come first served basis.
9. All swimmers will compete seeded according to entry time. Entry times should be obtained from the Swim England rankings website at any level meet. If a swimmer does not have a time for an event then they should enter a training / predicted time. “No time” entries will not be accepted.
10. Swimmers must report to marshalling at least 10 minutes prior to their race. If a swimmer is late for an event they will lose the right to swim in it but may be placed in an unoccupied lane at the discretion of the promoter/referee.
11. Coaches will supervise the warm-up. Swimmers must leave the pool by the steps at the sides of the pool and not climb over the electronic pads.
12. The entry fees will be £9.00 per 50m, 100m, 200m & 400m event and £11.00 per 800m & 1500m event. This is payable via BACs transfer (with an entry summary form) by 14th February 2025. Withdrawals received by e-mail (to sean@hackneyaquaticsclub.org) before the closing date will be eligible for a refund. After that time no refunds will be provided other than in exceptional

circumstances, such as illness to a swimmer or close relative with supporting evidence. If a swimmer does not wish to swim an event and withdraws after the closing date, they will still be charged.

13. Swimmers can enter as many events as they wish. Where space allows swimmers may sign up for additional events on the day with payment for these entries in cash/card at the entry to the spectator gallery. Swimmers who enter on the day will not be eligible for awards, but their times will still go to rankings.

14. Individual entries will be accepted but must be provided on an individual entry form and will incur a £7 fee per swimmer for administration of manual entries. Where more than 5 entries are received from a single Club that Club will be expected to make a Club entry with an electronic file, using Hytek software. This file should be used in conjunction with the “Hytek Team Manager” software or another compatible team management application. An Events file containing the full schedule of events is available on request.

15. Swimmers (or their representatives) who are not intending to swim an event must submit notice of withdrawal, either electronically as prescribed in point 12 above, or at the announcer’s table at the pool by completing an official withdrawal form no later than 50 minutes before the advertised starting time of the first event in the relevant session. A fine of £5 per swimmer per event may be levied on the club under whose name the swimmer is entered if a swimmer does not withdraw in time and does not swim.

16. Hackney Aquatics Club adheres to the Swim England Wavepower policy recommendations. As the permitted use of devices which capture still or moving images is no longer dependent upon pre-registration, we request that all persons attending this meet at the Clissold Leisure Centre have a clear understanding of their responsibilities and obligations as detailed in the “Swim England Photography Guidance” section of Wavepower 2024. All coaches and officials shall comply with Swim England Wavepower 2024. No imaging equipment is to be used in the changing area under any circumstances.

17. There will be one secondary strobe light available during the competition for any swimmer that is deaf or hard of hearing.

18. All **DATA** relating to the entry and results processing will be held on a computer database. Results of the meet will be sent to Swim England within 5 working days for the purposes of ranking. Swimmer entries will be managed on a computer. By submitting entries, consent is thereby given, as required by the Data Protection Act 2018, to the holding of personal information on computer. Personal data will be available for inspection during the meet upon request.

19. **POOLSIDE:** Only swimmers, coaches & team managers with a pass and officials and volunteers will be allowed on poolside during the Meet. Passes for coaches and team managers can be obtained by any affiliated Club & it is the responsibility of the Club applying for passes to ensure their team manager/s and coach/es are DBS checked and hold the appropriate safeguarding qualifications. Poolside passes (cost £15 each) will only be issued to those named by their Club and will include refreshments and lunch on both days. The Club is responsible for ensuring that supervision ratios

are adhered to as per Wavepower and applications are made for poolside passes at least 5 days prior to the meet.

20. STEWARDING: It is the responsibility of team managers and coaches to ensure that their swimmers report to the marshals in time for the start of their race. The organisers and pool management reserve the right to remove any spectator or swimmer whose behaviour is against the rules of the pool or the efficient running of the meet. Stewards will be patrolling the centre and anyone found causing damage or seriously misbehaving will be banned from the meet and refused entry to the building with no refunds.

21. OFFICIALS & VOLUNTEERS: Without sufficient licensed Swim England officials we will not be able to run this meet, and as importantly, nor will we be able to support requests for mentoring which we are committed to doing. We therefore request that all clubs provide the name and contact details of at least two fully qualified officials to support with officiating during the meet. Clubs unable to provide officials are encouraged to put forward non-technical volunteers. Drinks will be available for all and food will be provided for those officials or volunteers who work all day. Reasonable travel expenses will be available by pre-arrangement for officials by contacting HAC_Officials@HackneyAquaticsClub.org

22. AWARDS: Swimmers who place 1st, 2nd & 3rd in each individual event in each age group will receive awards. Top overall male and female swimmer awards will be a £10 prize and based on the overall point scores based on heat performance (1st place 12 points, 2nd 10, 3rd 8, 4th 7, 5th 6, 6th 5, 7th 4, 8th 3, 9th 2, 10th 1). Top visiting club award will be awarded to the visiting club with the most points after all races are completed.

23. SPECTATORS: Access to the gallery seating area is from the first floor (a lift is available). Spectator entry fees are £6/person/day or £10 for a weekend pass (children under 12 are free) on a first come, first served basis. Passes are non-transferable.

24. Anything not covered within these conditions will be at the discretion of the lead referee or ultimately the promoter of the competition.

By submitting and accepting entries to the meet consent is hereby given, as required by the Data Protection Act 2018, to the holding of personal information. The personal information supplied with your entry will be retained securely and will only be used for the legitimate purposes of running the event. This data will be shared by form of results with Swim England (Rankings) and the clubs who have entered the meet. A full copy of the results will be published after the meet. Please be aware that links from our website may take you to external websites that are not covered by our policies. Please ensure that you review their privacy policies before any data is submitted. If any persons want to exercise their right to erasure or processing of their personal data they will need to make a written request to the promoter. We will only hold competition data for 12 months after which it will be destroyed and erased from our systems.

COVID

If applicable Hackney Aquatics will liaise with the pool operators regarding COVID and COVID safety management by the pool operators in addition to any rules and regulations in place by the



Government at the date of this meet. All participants will be required to agree to these as part of the opt into this meet.

Promoter:

Stephen Roberts
C/O Hackney Aquatics Club
London N16 9EX
E-mail: chair@hackneyaquaticsclub.org

Please send entries to our Meet Manager:

Sean Curley
C/O Hackney Aquatics Club
London N16 9EX
E-mail: sean@hackneyaquaticsclub.org

Hackney Aquatics Regional Qualifier – Schedule

Saturday 1st March (Warm up: 8:00 – Start 9:00)	Saturday 1st March (Warm up: TBC)
Mixed 1500m Free	Open/Boys 400 Free
Girls 200 Back	Girls 400 IM
Open/Boys 200 Breast	Open/Boys 200 Fly
Girls 200 IM	Girls 200 Free
Open/Boys 100 Free	Open/Boys 100 Back
Girls 100 Fly	Girls 100 Breast
Open/Boys 50 Fly	Open/Boys 50 Free
Girls 50 Breast	Girls 50 Back

Sunday 2nd March (Warm up: 8:00 – Start: 9:00)	Sunday 2nd March (Warm up: TBC)
Mixed 800m Free	Girls 400 Free
Open/Boys 200 Back	Open/Boys 400 IM
Girls 200 Breast	Girls 200 Fly
Open/Boys 200 IM	Open/Boys 200 Free
Girls 100 Free	Girls 100 Back
Open/Boys 100 Fly	Open/Boys 100 Breast

Girls 50 Fly	Girls 50 Free
Open/Boys 50 Breast	Open/Boys 50 Back

Timings are tentative and will be confirmed after entries close.

HAC Regional Qualifier Upper Limit Times

Times must be no faster than these Short Course (25m) times. We will be accepting Long Course (50m) converted times.

Open/male	10	11	12	13	14	15	16	17+
50 Free	32.00	29.60	27.50	25.80	24.70	24.00	23.60	23.40
100 Free	1:10.30	1:05.20	1:00.33	56.30	54.80	52.10	52.00	50.80
200 Free	2:33.60	2:21.80	2:11.66	2:03.20	1:59.50	1:55.10	1:52.60	1:52.00
400 Free	5:22.70	5:00.80	4:42.50	4:21.40	4:15.00	4:05.00	4:02.20	3:57.90
800m Free	10:29.10	10:24.10	9:48.60	9:36.60	9:19.30	9:11.30	9:00.00	8:43.00
1500m Free	20:08.00	20:08.00	20:08.00	18:41.80	17:56.00	17:38.00	17:24.00	16:50.40
50 Back	36.80	34.00	31.70	29.50	28.10	27.20	26.50	25.90
100 Back	1:20.00	1:13.60	1:08.60	1:03.40	1:00.80	58.50	57.60	56.20
200 Back	2:51.10	2:38.20	2:26.20	2:18.00	2:12.00	2:08.20	2:05.50	2:01.60
50 Fly	36.00	33.00	30.30	28.00	27.20	26.00	25.60	25.20
100 Fly	1:23.30	1:15.20	1:07.90	1:02.00	1:00.40	58.00	56.50	56.20
200 Fly	3:13.30	2:54.50	2:32.36	2:21.80	2:15.80	2:09.60	2:06.80	2:05.50
50 Breast	42.60	38.50	35.50	32.60	31.70	30.70	30.00	29.00
100 Breast	1:32.60	1:25.40	1:17.40	1:10.80	1:09.30	1:07.00	1:05.70	1:03.60
200 Breast	3:21.20	3:03.30	2:48.70	2:33.20	2:30.50	2:25.90	2:23.40	2:19.10
200 IM	2:55.40	2:42.40	2:29.60	2:18.70	2:15.00	2:09.80	2:07.00	2:05.60
400 IM	6:10.00	5:46.30	5:21.90	4:57.70	4:48.80	4:37.00	4:33.30	4:29.00

Female	10	11	12	13	14	15	16	17+
50 Free	31.40	30.00	28.80	27.60	27.20	26.80	26.40	26.40
100 Free	1:09.00	1:05.70	1:02.70	59.80	59.00	58.00	57.40	56.60
200 Free	2:33.40	2:23.00	2:15.60	2:10.30	2:08.20	2:05.80	2:04.80	2:03.00
400 Free	5:26.40	5:00.90	4:48.10	4:34.30	4:30.50	4:24.70	4:23.00	4:19.50
800 Free	10:29.10	10:20.80	10:14.60	9:47.30	9:34.10	9:30.50	9:28.00	9:25.00
1500m Free	20:20.00	20:20.00	20:20.00	19:27.00	18:28.80	17:51.00	17:45.00	17:20.00
50 Back	36.20	34.20	32.50	31.00	30.20	30.00	29.30	29.40
100 Back	1:18.50	1:13.40	1:09.40	1:06.80	1:04.60	1:04.50	1:02.50	1:02.50
200 Back	2:47.70	2:37.00	2:31.30	2:23.80	2:20.60	2:20.30	2:15.20	2:15.20
50 Fly	35.20	32.90	31.40	29.90	29.10	28.80	28.50	28.00
100 Fly	1:22.40	1:14.80	1:10.40	1:06.10	1:05.00	1:03.60	1:03.50	1:02.20
200 Fly	3:11.10	2:51.80	2:36.40	2:29.20	2:24.00	2:21.40	2:21.40	2:17.80
50 Breast	41.60	38.80	37.00	34.70	33.90	33.60	33.40	32.90
100 Breast	1:32.10	1:24.90	1:20.30	1:15.60	1:13.90	1:12.50	1:11.90	1:11.90
200 Breast	3:16.40	3:03.00	2:52.70	2:43.80	2:41.20	2:37.10	2:35.80	2:35.60
200 IM	2:56.00	2:41.60	2:33.20	2:26.60	2:24.50	2:21.70	2:19.20	2:19.20
400 IM	6:19.70	5:46.40	5:25.40	5:09.00	5:09.60	4:59.90	4:55.70	4:55.70