

# Beacon Closed timetable

Squad	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	Sunday
	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM		
<b>Performance+</b> Lead coach: David B	06:00-07:30	19:00-21:00	06:00-07:30	18:30-20:30		19:00-21:00	06:00-07:30	19:00-21:00		18:00-20:00	07:00-09:00 <sup>1</sup>	
<b>Performance</b> Lead coach: Sean	06:00-07:30	18:45-20:45		19:30-21:00			06:00-07:30	19:00-20:30		19:00-21:00	07:00-09:00	15:00-16:30
<b>Sprint</b> Lead coach: Joe		19:00-21:00		19:30-21:00		19:30-21:00	06:00-07:30			18:00-20:00		
<b>Regional+</b> Lead coach: Madison	06:00-07:30	18:45-20:45		19:30-21:00		19:00-21:00		Mix session		19:00-21:00	13:00-15:00 <sup>1</sup>	
<b>Regional Age</b> Lead coach: Alex	06:00-07:30	19:00-20:30		19:30-21:00		19:30-21:00				17:30-19:00		14:30-16:30
<b>Regional Development</b> Lead coach: Bryan / Dhaval		19:30-21:00		19:00-21:00			06:00-07:30			19:30-21:00	10:30-12:00	14:30-16:30
<b>County Age (HAC)</b> Lead coach: Dhaval		19:00-20:30		18:00-19:30		17:30-19:00		19:00-21:00		19:30-21:00	09:00-10:30 <sup>1</sup>	
<b>County Age (ASC)</b> Lead coach: Michele		17:30-19:00		18:30-19:30				19:00-21:00			9:00-10:30	13:00-14:30
<b>County Dev. (HAC)</b> Lead coach: Dhaval				18:00-19:30		19:30-21:00		17:30-19:00		19:30-21:00		16:30-18:00
<b>County Dev. (ASC)</b> Lead coach: Michele		18:30-19:30		18:30-19:30		19:30-21:00					7:30-9:00*	13:00-14:30
<b>Academy Step 2 (HAC)</b> Lead coach: Avian		18:30-19:15		18:00-19:00		18:30-19:30						17:15-18:00
<b>Academy Step 1 (HAC)</b> Lead coach: Jane		17:45-18:30				17:30-18:30						16:30-17:15
<b>Academy (ASC)</b> Lead coach: Joe		18:30-19:30		18:30-19:30		18:30-20:00		18:30-20:00			7:30-9:00*	
<b>Fitness Advanced (HAC)</b> Lead coach: David P		17:45-19:00		19:30-21:00							10:30-12:00	15:00-16:30
<b>Fitness Dev. (HAC)</b> Lead coach: David P		17:45-19:00		19:30-21:00								16:30-18:00
<b>Fitness (ASC)</b> Lead coach: Joe		19:30-21:00										15:00-16:30
<b>City Squad (CSC)</b> Lead coach: Sean								16.30-18.00		18.00-19.30		
<b>Para (HAC)</b> Lead contact: Jane		19:30-20:30										
<b>Masters</b> Lead contact: Can	6:30-8:00		6:30-8:00	20:00-21:30	6:30-8:00	19:30-21:00	6:30-8:00	19:00-20:30	6:30-8:00		6:30-8:00	

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Key:	Clissold MP	Clissold TP	Beacon	Cally	LAC MP	LAC TP	King's Hall	Lido	Britannia	City Boys Sch.	City Girls Sch.
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